



## Parent or Caregiver Risk Factors

Research shows that parents or caregivers that possess two or more risk factors are at higher risk of becoming perpetrators of child abuse and neglect.

- Social Isolation
- Substance Abuse
- Lack of Family Cohesion
- Young Maternal Age
- Unemployment or low socioeconomic status
- Depression
- Lack of Problem Solving Skills
- Single Parent (full-time or periodically)
- Domestic Violence
- Grew up in an Unstable Home Environment
- Lack of basic parenting skills
- Lack of Knowledge of Child Development
- Low Maternal/Paternal Attachment
- Uses harsh physical discipline with the child
- Has a history of abuse as a child.

To learn more about child abuse and neglect go the [Child Welfare Information Gateway](#) or download this [factsheet](#).

To learn about healthy parenting visit your local New Parent Support Home Visitation Program or go to the [Fleet and Family Support Program website](#).